I claim:

- 1. An attachment assembly for a garment comprising:
 - a second section having a button hole therein, and
- a first section having a button attached thereon for insertion through the button hole to maintain the first and second sections in relative positions to one another,

wherein the button is affixed to a tab attached to an inner location of the first section and extending through a tab hole in the first section.

- 2. The attachment assembly of claim 1 wherein the tab comprises an elastic portion and a portion made of material.
- 3. The attachment assembly of claim 2 wherein the elastic portion is attached to the inner location and the button is attached to the material portion.
- 4. The attachment assembly of claim 3 wherein the elastic portion is attached to the inner location via stitching.
- 5. The attachment assembly of claim 2 wherein the material portion is made of the same material as the rest of the garment.
- 6. The attachment assembly of claim 1 wherein the first section comprises two layers of material and the tab extends between the layers and out through the tab hole.

- 7. The attachment assembly of claim 6 wherein the tab comprises an elastic portion and a portion made of material.
- 8. The attachment assembly of claim 7 wherein the elastic portion is located between the layers and attached to one of said layers.
- 9. The attachment assembly of claim 8 wherein the elastic portion is attached to said one of said layers via stitching.
- 10. The attachment assembly of claim 8 wherein the material portion meets the elastic portion between the layers and extends through the tab hole.
- 11. The attachment assembly of claim 10 wherein the material portion and the elastic portion are attached via stitching.
- 12. The attachment assembly of claim 10 wherein the material portion is made of the same material as the rest of the garment.
- 13. The attachment assembly of claim 1 wherein the assembly is part of a collar for a shirt and the first and second sections are ends of the collar.
- 14. The attachment assembly of claim 1 wherein the assembly is part of a waist attachment means on a pair of shorts.

- 15. A garment having an attachment assembly comprising a button in a first section for insertion into a buttonhole in a second section, wherein the insertion of the button into the buttonhole maintains the first section in relative positions to the second section, wherein the button is attached to a tab extending from between material layers of the first section through a tab hole, and wherein the tab comprises an elastic portion allowing the tab to be expanded or contracted.
- 16. The garment according to claim 15, wherein the tab is attached to the first section via stitching.
- 17. The garment according to claim 15, wherein the tab further comprises a material portion.
- 18. The garment according to claim 17, wherein the material portion is made from the same material as the rest of the shirt.
- 19. The garment according to claim 15, wherein the first section comprises two layers of material and the tab extends between the layers and out through the tab hole.
- 20. The garment according to claim 19, wherein the elastic portion is located between the two layers of material.

- 21. The garment according to claim 20, wherein the elastic portion is attached to one of the two layers.
- 22. The garment according to claim 21, wherein the elastic portion is attached via stitching.
- 23. The garment according to claim 20, wherein a material portion attached to the elastic portion extends from between the two layers through the tab hole and is attached to the button.
- 24. The garment according to claim 23, wherein the material portion is made of the same material as the rest of the garment.
- 25. The garment of claim 15, wherein the garment is a shirt and the first and second sections are ends of a collar for the shirt.
- 26. A button-up shirt having at least one button and buttonhole as claimed in claim 15.
- 27. The garment of claim 15, wherein the garment is a pair of shorts and the button and buttonhole are part of a waist attachment means on a pair of shorts.